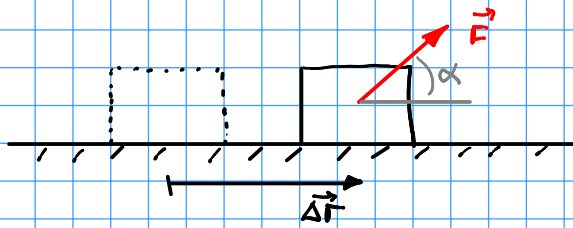


Work and Energy



displacement $\Delta \vec{r}$
force \vec{F} , $\angle \alpha$ w.r. to $\Delta \vec{r}$

$$\text{Work} \equiv F \Delta r \cos \alpha$$

Ex pushing a cart ($\alpha = 0$) \Rightarrow Work = $F \Delta r$

In general, "work done by \vec{F} along $\Delta \vec{r}$ "

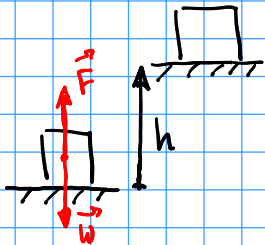
- no displacement \Rightarrow no work done, $W = 0$
- no force \Rightarrow $W = 0$
- $\alpha = 90^\circ$ $\Rightarrow \cos \alpha = 0 = W = 0$, no work done
- $\alpha = 0 \Rightarrow \cos \alpha = 1 = \max(\cos \alpha)$ i.e. max work done

vs. $W = \text{weight}$

Work: a scalar $[W] = [F][\Delta r] = \text{N} \cdot \text{m} = \text{Joule} = \text{J}$

Ex a person lifts a 10.0 kg toolbox from the floor, without acceleration, and puts it on a shelf, 1.50 m high
an approximation

"no acceleration": $\vec{F} + \vec{W} = 0 \Rightarrow F = W = mg$



① Work done by person:

$$W_F = F \Delta r \cos 0^\circ = mgh = 10.0 \times 9.80 \times 1.50 = \underline{147 \text{ J}}$$

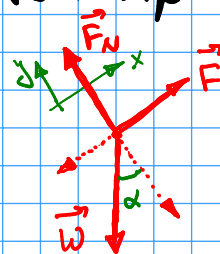
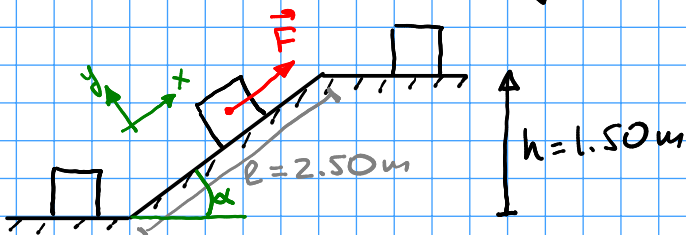
② Work done by gravity

$$W_g = W \Delta r \cos 180^\circ = -mgh = \underline{-147 \text{ J}}$$

③ Work done by the net force: $W_{\text{NET}} = 0$ since $\vec{F}_{\text{NET}} = 0$ (pseudo eq-m)

$$W_{\text{NET}} = W_F + W_g = 0$$

Ex same toolbox, using a frictionless ramp of 2.50 m



$$\left. \begin{array}{l} h = 1.50 \text{ m} \\ l = 2.50 \text{ m} \end{array} \right\} \sin \alpha = \frac{h}{l}$$

No friction: $+F - W \sin \alpha = \phi \Rightarrow F = W \sin \alpha = W \frac{h}{l} = mg \frac{h}{l}$

Work done: $W = F \cdot l = mg \frac{h}{l} \cdot l = mgh = 147 \text{ J}$ same!

Note: Force: $F = 10.0 \times 9.80 \times \frac{1.50}{2.50} = 58.8 \text{ N} < W = mg$

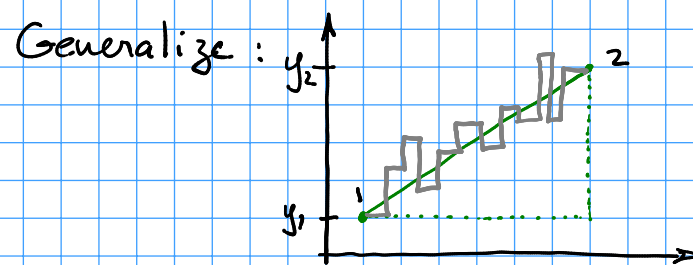
distance: $l > h$

work: same!

Again, $W_g = W_{g,x} + W_{g,y} = -mg \frac{h}{l} \cdot l = -mgh = -147 \text{ J}$

Net force = ϕ (no acceleration, pseudo eq-m) $\Rightarrow W_{NET} = \phi$

! total work done does not depend on path only on net change in elevation. $W_F = -W_g$



$W(1 \rightarrow 2)$ only depends on $h = (y_2 - y_1)$

$W_g = -mgh = -mg(y_2 - y_1) = -(mgy_2 - mgy_1) = -[U_g(y_2) - U_g(y_1)]$

where $U_g(y) \equiv mgy = \text{gravitational P.E.}$

U_g is a function of position only, i.e. memory of the path is gone.

Weight is a conservative force. For a c.f. \vec{F} :

$W_{c.f.} = -\Delta U = -[U(\vec{r}) - U(\vec{r}_0)]$, with $U(\vec{r}) = U(x, y, z, \dots)$

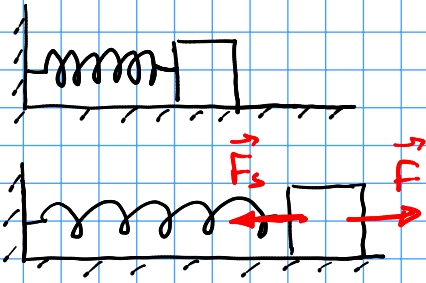
Ex. gravity, electrostatic, elastic, ... are c.f.

Note: choice of origin is arbitrary

Ex let $U' = mgy + U_0$, where $U_0 = \text{const}$

$\Rightarrow W_g = -\Delta U' = -[(mgy_2 + U_0) - (mgy_1 + U_0)] = -[mgy_2 - mgy_1]$
 $= -\Delta U$ ✓ the same!

Ex elastic force



$$F_s = -kx$$

Hook's Law

$k \equiv$ spring constant

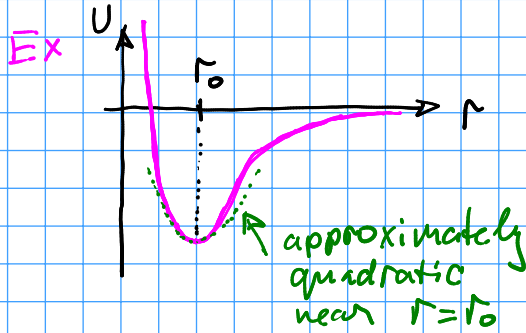
"spring" force resists displacement

$$\Rightarrow U_s = \frac{1}{2} kx^2$$

← a different form of P.E. suitable for a harmonic oscillator

Ex $k = 200 \frac{N}{m}$ compress to store 20.0J of PE

$$U_s(x) = \frac{1}{2} kx^2 \Rightarrow x = \sqrt{\frac{2U}{k}} = \sqrt{\frac{2 \times 20.0 \text{ J} = \text{N} \cdot \text{m}}{200 \frac{\text{N}}{\text{m}}}} = \sqrt{\frac{1}{5}} \text{ m} \approx 0.447 \text{ m}$$

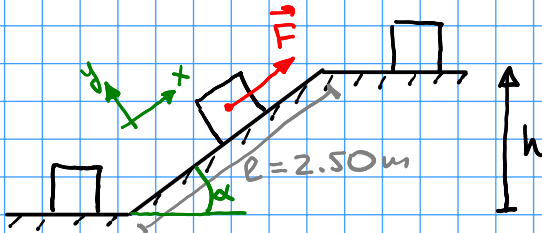


interatomic interaction potential

near eq-m, all potentials

\Rightarrow look a lot like the spring P.E. i.e like a harmonic oscillator.

Ex same toolbox on ramp, add friction



quasi-cq-m (no acceleration)

$$x: -W \sin \alpha + \phi + F - f = m a_x = 0$$

$$y: -W \cos \alpha + f_n + \phi + \phi = m a_y = 0$$

Better: $\theta = 270^\circ - \alpha$

$$x: \dots + W \cos \theta$$

$$y: \dots + W \sin \theta$$

would have care of signs & sin/cos

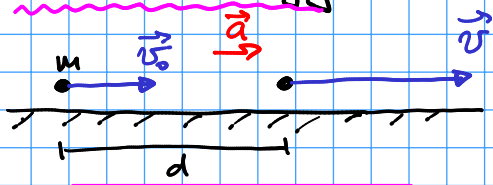
$$\Rightarrow W_{total} = F l = [\mu_k W \cos \alpha + W \sin \alpha] l$$

$$\sin \alpha = \frac{h}{l} \quad \cos \alpha = \sqrt{1 - (\frac{h}{l})^2} = \sqrt{\frac{l^2 - h^2}{l^2}} = \frac{\sqrt{l^2 - h^2}}{l}$$

$$\Rightarrow W_{total} = \mu_k m g \frac{\sqrt{l^2 - h^2}}{l} l + m g \frac{h}{l} l = \underbrace{\mu_k m g \sqrt{l^2 - h^2}}_{W_{fric.}} - \Delta U_g \quad 147 \text{ J, as before}$$

$$\Rightarrow W_{total} > W_{c.f.} = -\Delta U_g = 147 \text{ J because of the presence of friction}$$

• kinetic energy



$$K \equiv \frac{1}{2} m v^2$$

kinetic energy

$$v^2 = v_0^2 + 2ad \quad F = ma$$

$$W = Fd = mad = \frac{1}{2} m (v^2 - v_0^2)$$

$$W = \frac{1}{2} m v^2 - \frac{1}{2} m v_0^2$$

$$W = K - K_0 = \Delta K$$

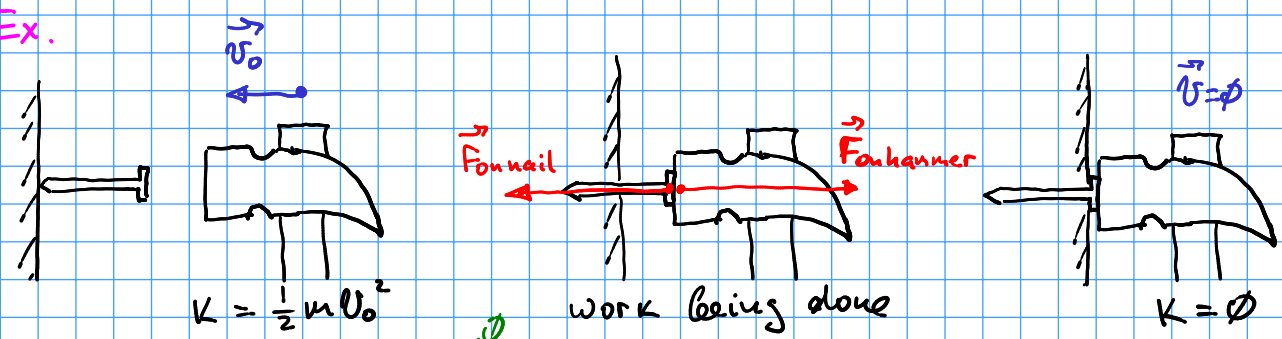
$U = P.E. = U(x) =$ energy associated with position

$K = K.E. =$ energy associated with motion, i.e. the work done to get an object moving; or the ability of the object to do [mechanical] work on its surroundings

• work-energy theorem

$$\Delta K = W$$

Ex.



$$W_{on\ hammer} = \frac{m v_f^2}{2} - \frac{m v_0^2}{2} = -\frac{m v_0^2}{2}$$

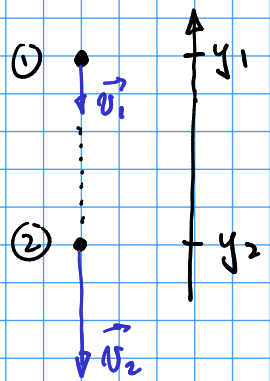
NBL: $\vec{F}_{on\ nail} = -\vec{F}_{on\ hammer}$

$$\Rightarrow W_{on\ nail} = -W_{on\ hammer} = -\left(-\frac{m v_0^2}{2}\right) = \frac{m v_0^2}{2}$$

i.e. objects with K.E. ($K \geq 0$, always) can do work on their surroundings.

Ex free fall

$$F = -mg$$



$$W_g = F \Delta y = (-mg)(y_2 - y_1) = -(mgy_2 - mgy_1)$$

② final ① initial

On the other hand:

$$W_g = \Delta K = \frac{m v_2^2}{2} - \frac{m v_1^2}{2}$$

final initial

$$\Rightarrow \frac{m v_2^2}{2} - \frac{m v_1^2}{2} = - (m g y_2 - m g y_1)$$

$$\Rightarrow \underbrace{\frac{m v_2^2}{2} + m g y_2}_{\text{final}} = \underbrace{\frac{m v_1^2}{2} + m g y_1}_{\text{initial}}$$

\Rightarrow the sum of KE and gravitational PE is constant, $\forall y$

$$E = KE + PE = \frac{m v^2}{2} + m g y = \text{const}$$

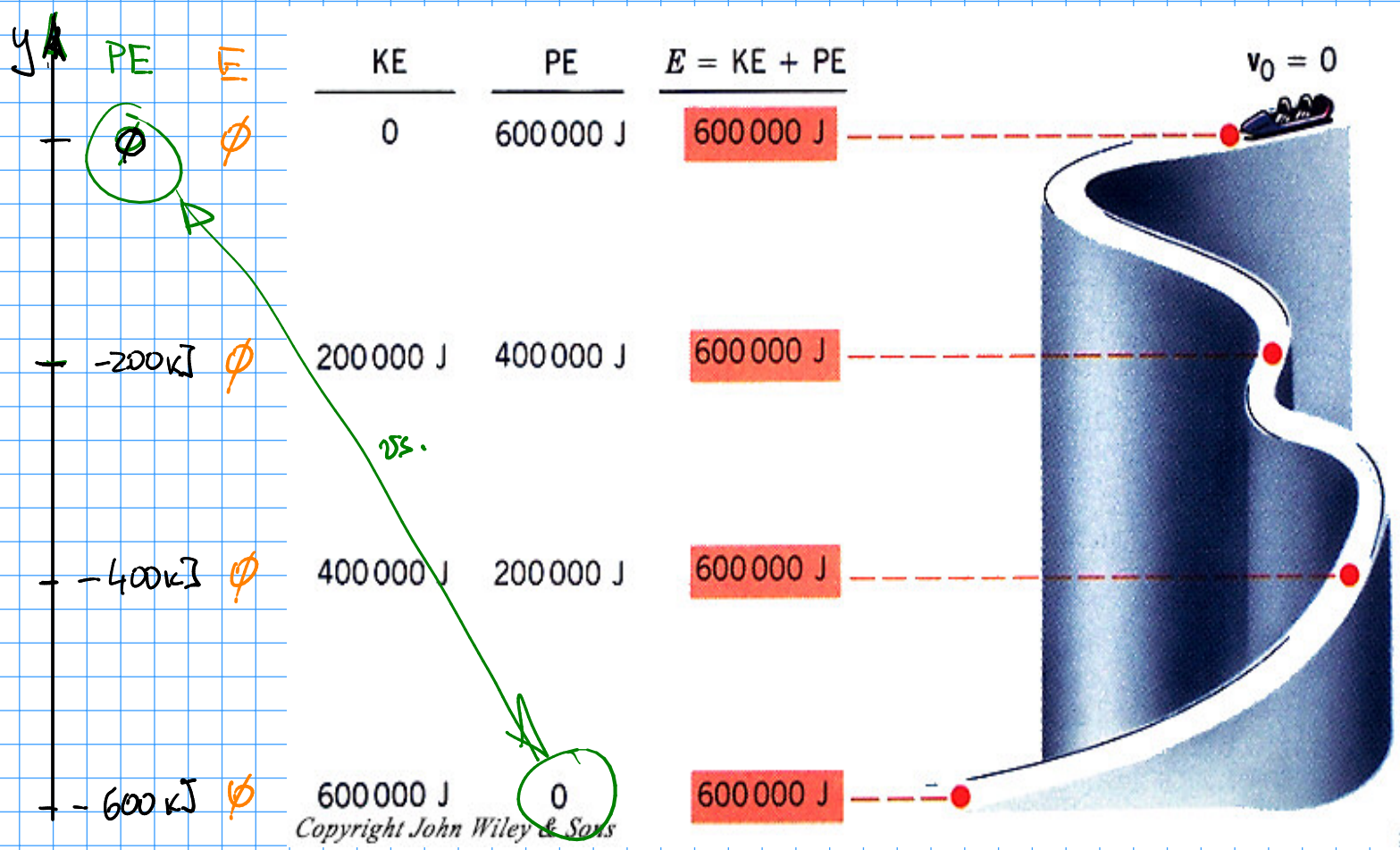
Ex

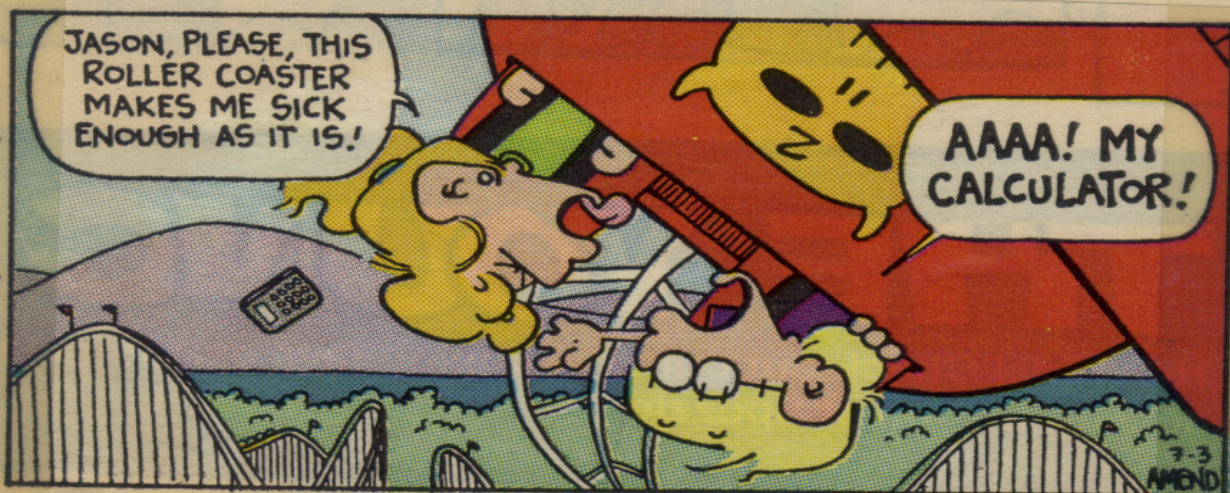
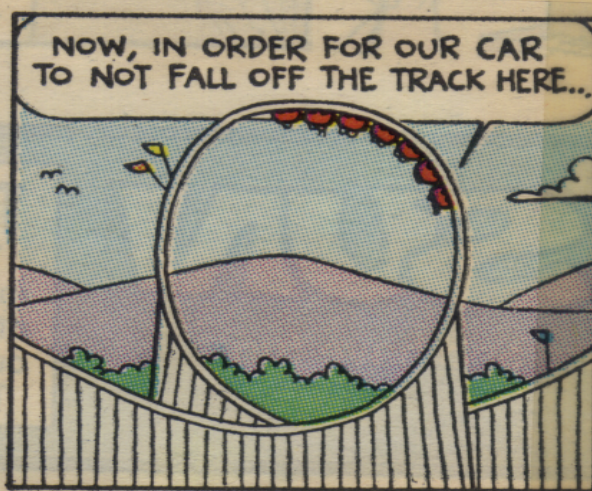
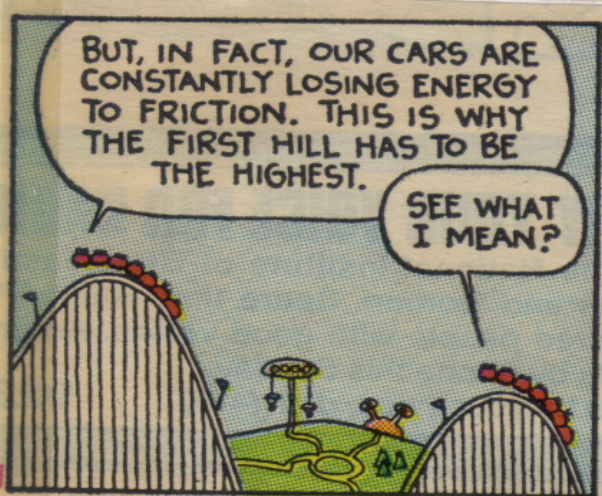
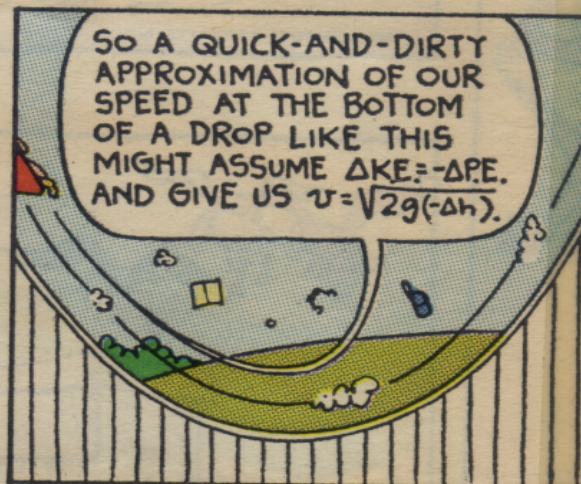
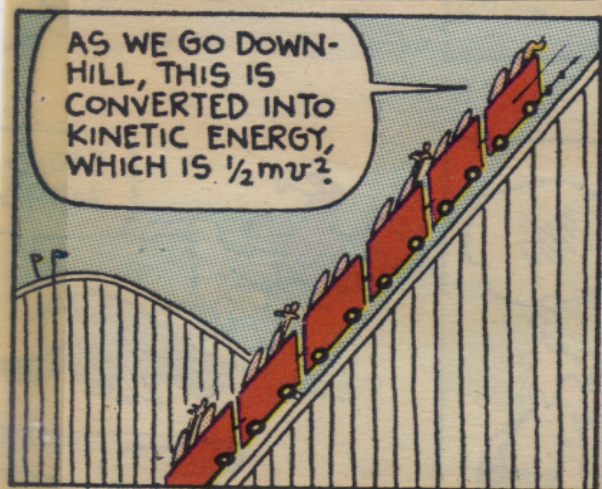
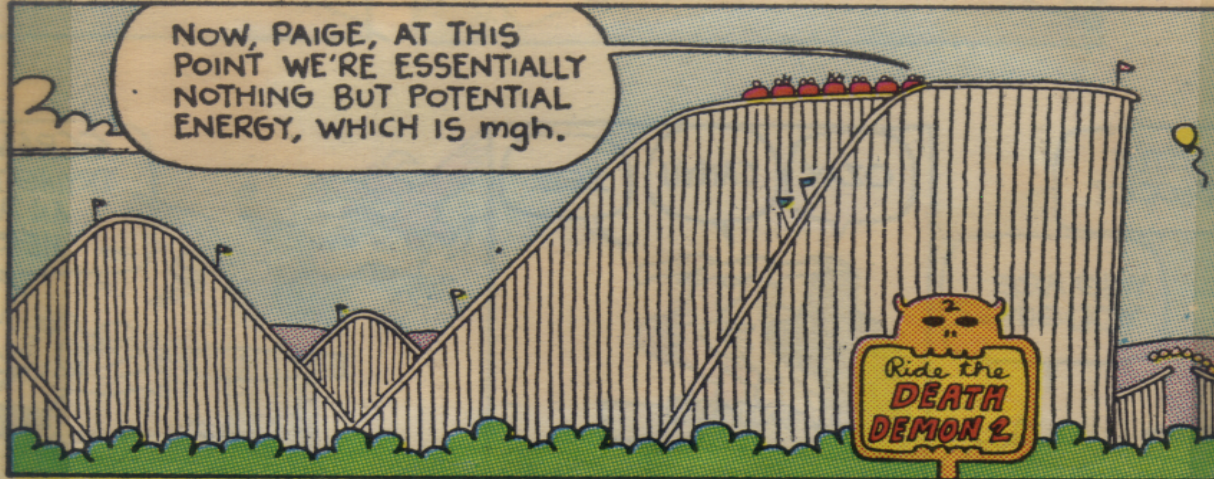
$y=0 \leftarrow v_0=0 \leftarrow KE=0, PE=0 \Rightarrow E=0$
 $y=-h \leftarrow KE > 0, PE < 0 \Rightarrow E=0$

} $E = \text{const.}$

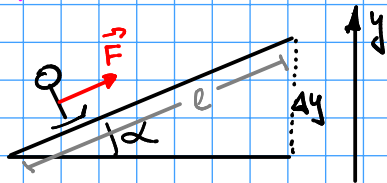
$0 = \frac{m v^2}{2} + m g (-h) \rightarrow v = \sqrt{2 g h}$

measure of ability to do work on other objects $\rightarrow \frac{m v^2}{2} = m g h \leftarrow$ work done by gravity





Ex. a skier



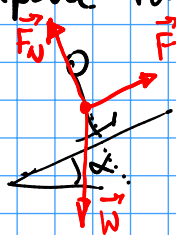
$$l = 2830\text{m} \quad \alpha = 14.6^\circ \quad m = 75.0\text{kg}$$

$$\Delta U_g = \text{change in PE} = \Delta(mgy) = mg \Delta y$$

$$= mg l \sin \alpha$$

$$\Delta U_g = 75.0\text{kg} \cdot 9.80 \frac{\text{m}}{\text{s}^2} \cdot 2830\text{m} \cdot \sin 14.6^\circ = 5.24 \times 10^5 \text{ J}$$

Note: average force: $W = \bar{F}l = \Delta U_g \Rightarrow \bar{F} = \frac{\Delta U_g}{l} = mg \sin \alpha$
 Compare this with the "old way":

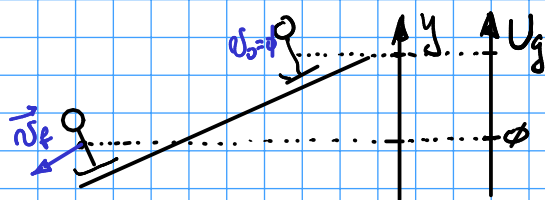


$$x: +F - mg \sin \alpha = 0 \quad (\text{skier @ constant velocity})$$

$$y: +F_N - mg \cos \alpha = 0$$

$$\Rightarrow F = mg \sin \alpha \quad \checkmark \text{ same.}$$

Ex skier turns around & goes down:



a) no friction: $\Delta(K+U) = 0$

$$\Rightarrow \left(\frac{m v_f^2}{2} + 0 \right) - \left(\frac{m v_0^2}{2} + mgl \sin \alpha \right) = 0$$

$$\frac{m v_f^2}{2} = mgl \sin \alpha$$

$$v_f = \sqrt{2gl \sin \alpha} = \dots = 118 \frac{\text{m}}{\text{s}}$$

b) with friction: $\mu_k = 0.100$

$$\Delta K = W_g + W_{\text{other}} \Rightarrow \Delta K + \Delta U_g = \Delta(K+U_g) = W_{\text{other}}$$

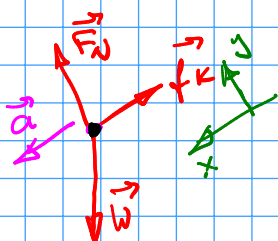
$$\Rightarrow \frac{m v_f^2}{2} - mgl \sin \alpha = -\mu_k (mg \cos \alpha) \cdot l$$

f_k opposes the displacement, $\cos(180^\circ) = -1$
 $f_k = \mu_k F_N$

$$\Rightarrow v_f = \sqrt{2gl (\sin \alpha - \mu_k \cos \alpha)} \quad \checkmark$$

$$= \dots = 92.8 \frac{\text{m}}{\text{s}}$$

The "old way":



$$mg \sin \alpha - \mu_k mg \cos \alpha = ma$$

$$v_f^2 = v_0^2 + 2ad = l$$

$$\Rightarrow v_f = \sqrt{2lg (\sin \alpha - \mu_k \cos \alpha)} \quad \checkmark$$

• power = rate of doing work $\equiv \frac{W}{t} = P$

$$[P] = 1 \text{ Watt} = 1 \text{ W} = \frac{1 \text{ J}}{1 \text{ s}} ; 1 \text{ h.p.} = 746 \text{ W}$$



$$t = 5.00 \text{ s} \quad m = 1.10 \times 10^3 \text{ kg}$$
$$a = 4.60 \frac{\text{m}}{\text{s}^2} \quad v_0 = 0 \text{ (from rest)}$$

- accelerates: there is a force, $F = ma$ (N2L)

- it acts for time t : $d = \frac{at^2}{2}$

- work done: $W = Fd = \frac{1}{2} ma^2 t^2$

No surprise: $v = at \Rightarrow W = \frac{1}{2} mv^2 = \frac{1}{2} m (at)^2$

- average power: $\bar{P} = \frac{W}{t} = \frac{1}{2} ma^2 t = \dots = 5.82 \times 10^4 \text{ W}$

$$= 58.2 \times 10^3 \text{ W} = 58.2 \text{ kW} = 78 \text{ h.p.}$$

another way:

$$\bar{P} = \frac{W}{t} = \frac{Fd}{t} = F \frac{d}{t} = F \bar{v}$$

$$\bar{P} = F \frac{1}{2} (v + v_0) = \frac{1}{2} Fv = \frac{1}{2} (ma)(at) = \text{same.}$$